

**Biennial Review of Alcohol and Other Drug (AOD) Program
For 2015-2016 and 2016-2017 Academic Years
West Texas A&M University**

A. Written Policy

The 1989 amendments to the Drug-Free Schools and Campuses Act, as articulated in Part 86 of the Drug-Free Schools and Campuses Regulations, require that an institution of higher education must certify that it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees.

West Texas A&M University, a member of The Texas A&M University System, follows A&M System Policy 34.02 Drug and Alcohol Abuse, approved Feb. 27, 1995 (MO 44-95), revised Sept. 26, 1997 (MO 181-97), revised September 23, 1999 (MO 225-99), revised January 22, 2009 (MO 029-2009), reviewed April 3, 2012 and established its own Statement of Rules and Procedures concerning Alcoholic Beverages and Illicit Drugs.

II. Distribution of the Policy and Related Information

A. Students receive the written policy and related information through:

1. The **Code of Student Life** (A&M System reference 13.02.99W1) is published annually by the Division of Student Enrollment, Engagement, and Success and includes rules and procedures for students. In the 2017-2018 edition, "Alcohol Beverages" is General Rule #1, "Alcohol Containers" is Section C #1 and "Drugs" is General Rule #3. Part 1 Section A details the actions the University will take if the rules or procedures regarding alcohol and controlled substances are violated. (Attachments to original file.)

Each year, the Code is reviewed and updated as necessary by the Code of Student Life Committee, a University standing committee. Membership includes the Vice President for Student Enrollment, Engagement, and Success (chair), four faculty members (one from each college) and five students (selected by student government). Membership of this committee was expanded to include ex-officio status for the Director of Residential Living, the University Conduct Officer and the Chief of University Police.

The committee receives suggestions for changes from all aspects of the campus through a formal process. All faculty members, department heads, student senators, members of the Student Conduct Board, and presidents of campus organizations receive copies of the current Code and response forms to make suggestions for changes. The committee reviews and evaluates all suggestions and makes final recommendations for changes to the

president/CEO of the University. All changes to the written policy for alcohol and other drugs are made through this process.

2. The Crime Awareness and Campus Security Act was created in 1990 and renamed the Jeanne Clery Act in 1991. It requires colleges and universities to disclose their security policies, keep a public crime log, publish an annual crime report and provide timely warnings to students and campus employees about crime posing an immediate or ongoing threat to students and campus employees. The law also ensures certain basic rights for victims of sexual assault and requires the U.S. Department of Education to collect and disseminate campus crime statistics. Several amendments to the Clery Act over the years have added additional policy statements and required training in prevention and awareness of criminal offenses such as sexual assault, stalking, dating violence and domestic violence. The annually published **Campus Security and Fire Safety Report**, is a means of compiling and distributing information concerning campus crimes and residential fire safety, safety checklists, emergency phone numbers, policy statements, descriptions of emergency campus services and information about non stranger rape and the abuse of alcohol and other drugs. The report is compiled in the summer of each year and coordinated by the Clery Coordinator. The report is reviewed by the Assistant Vice President for Risk Management/Compliance, Chief of the University Police Department, the Vice President of Research and Compliance and the Vice President for Student Enrollment, Engagement, and Success. A **Drug-Free Campus** section is prepared, in full, as part of the Campus Security and Fire Safety Report. (Attachments to original file.)

Both the Campus Security and Fire Safety Report and the Code of Student Life are available online at www.wtamu.edu/reports. Hard copies of either are available upon request in the Office of the Vice President for Student Enrollment, Engagement, and Success. An electronic copy of the Code of Student Life is provided to students and is also available on the University's website. All students, faculty and staff receive an email notice prior to October 1st to announce the availability of the latest online Campus Security and Fire Safety Report. This information is available to prospective students at the following link: <http://www.wtamu.edu/home/campus-safety-and-security.aspx>, or by request at the University Police Department.

B. Employees receive the written policy and related information through:

1. Employee Orientation Meetings, which are conducted by the Office of Human Resources for all new employees at the time of

employment. Each new employee is provided with The Texas A&M University System Policy 34.02 Drug and Alcohol Abuse and Rehabilitation Programs, the West Texas A&M University policy for an Alcohol and Drug-Free Workplace, information which addresses employer responsibilities and penalties for noncompliance, and a list of local assistance centers for those with problems involving alcohol and/or other drugs. Employees must indicate in writing that these documents have been received and further, that they will read the same. A printed copy of the Campus Security and Fire Safety Report link is provided in the Orientation packet. (Attachments to original file.)

2. The Campus Security and Fire Safety Report is available online at www.wtamu.edu/reports. Hard copies are available upon request in the Office of the Vice President for Student Enrollment, Engagement, and Success. **All faculty and staff receive an email notice prior to October 1st** to announce the availability of the latest online Campus Security and Fire Safety Report. This information is made available to employees without email addresses and to prospective employees through a link on the Employment Opportunities page of the Human Resources website. Hard copies are available upon request in the Office of the Vice President for Student Enrollment, Engagement, and Success and from the University Police Department.

III. **Methods of AOD Education**

A. National Collegiate Alcohol Awareness Week. This annual event is co-sponsored by West Texas A&M University's peer education organization, PULSE, the Office of Peer Education and the University Alcohol and Other Drug (AOD) Committee. It is a national campaign for the third full week in October each year, created by the BACCHUS Network (www.BACCHUSNetwork.org). Events run throughout the week that promote responsible/legal drinking behavior, alcohol awareness education, and discourage underage drinking. A different topic is presented each day to the student body in the Jack B. Kelley Student Center.

In 2016-2017, PULSE hosted an informational table on Alcohol Awareness on Monday; a Community Fair was held on Tuesday, which included community organizations like Texas Alcoholic Beverage Commission (TABC), a Texas State Trooper, our University Police Department, Managed Care Centers for Addictive/Other Disorders, Inc., and information on our Student Counseling Services was distributed. On Wednesday, PULSE hosted a Wii Party, where students played Mario Kart while wearing the Fatal Vision Simulator Goggles. Thursday was an all-day event called "Drunk Driving Kills," where a member dressed up as the Grim Reaper and went to classes to pull out one student every fourteen minutes. After

students left the classroom, PULSE members discussed the statistics that one person is killed every fourteen minutes from an alcohol-related incident. Friday night, PULSE co-sponsored an alcohol-free event, Trash Eastern, with Recreational Sports at the Virgil Henson Activity Center.

B. Residence Hall Staff and Programs. A Resident Assistant (R.A.) is a student employed by residential living who lives on campus and acts as a resource for the students on their floor, wing or unit within their resident hall. These individuals are student leaders chosen to assist the residents, serving as a resource, mentor, friend, role model and community leader. Resident Assistants assist residents in adjusting to campus life and play a key role in creating an environment for students that is conducive to academic, personal and social growth. R.A.s develop social, educational and cultural activities for their residents that encourage involvement in the hall and on campus. They also enforce and educate students on University rules and regulations within the residence halls. There is approximately one R.A. for every 30-40 residents.

The R.A. staff receives training on prevention programs, recognition of AOD abuse behavior and on referral of students to the Student Counseling Services office on campus. Training programs for R.A.s are evaluated each semester and revised as necessary.

The R.A. staff provides multiple programs each semester in the residence halls. Staff members attempt to provide programs that will not only create interaction in the community, but will address the various social issues facing students. Some of the AOD activities within the halls include narcotics programs and programs that address alcohol use/abuse. Each semester, the R.A. staff addresses alcohol use and consequences during their mandatory floor/unit meetings. The staff also posts signs in each hall concerning alcohol use, including DWI and DUI posters, "No Alcohol Allowed" notices and National Collegiate Alcohol Awareness Week information.

The residence halls are also involved with the University Police Department in an effort to educate the campus community and to enforce the alcohol/drug regulations. Every incident involving alcohol and/or drugs that occurs in a residence hall is immediately reported to the University Police Department.

B. Peer Education. PULSE is a student organization sponsored by the Office of Peer Education, working in close collaboration with the University AOD Committee. PULSE students are trained on social issues that affect the student body, such as alcohol and drug use, healthy relationships, nutrition, stress management, time management, AIDS/HIV awareness, sexual awareness and distracted driving. They present these programs to the general student body through programs in the Jack B. Kelley Student Center Commons, to student groups based on invitations to speak, in

classrooms and residence halls; and to the community through presentations at area elementary, middle and high schools. Each program presented by PULSE promotes healthy lifestyle choices and encourages educated decision-making by presenting the most current facts.

Peer Education/PULSE programs include:

- **National Collegiate Alcohol Awareness Week:** The PULSE advisor and members organize a week of events and activities that promote responsible/legal drinking behavior, educate students on the health and legal risks involved with alcohol use/abuse, and discourage underage drinking. PULSE members also hand out brochures and other information on alcohol awareness during this week (see Section A above for details).
- **Community Programs:** Each semester, PULSE members are invited to speak to area elementary, middle and high school students about alcohol and drug use. Over the past two academic years, PULSE members have visited Horace Mann Middle School, Amarillo High School, Highland Park High School, Highland Park Middle School, and others.
- **Safe Spring Break Week:** This 4-day event educates students on issues related to Spring Break travel and is co-sponsored with the University AOD Committee. Topics include avoiding distracted driving, drug and alcohol use, date rape/sexual assault awareness, sexual responsibility and healthy skin care.
- In both 2015-2016 and 2016-2017 Pulse set up tables and booths in the Jack B. Kelly Student Center to distributed pamphlets, flyers, and other materials and giveaways to educate the student body on both the dangers and fun to be found during Spring Break.
- **A variety of other programs** covering social issues for specific groups on and off campus were presented by PULSE and the Office of Peer Education.
- Throughout the 2015-2016 and 2016-2017 academic years the AOD Committee noticed that PULSE was struggling as an organization. Membership and involvement was down compared to previous years. The start of the 2017-2018 academic year has brought a new Advisor to the group, and a renewed interest in revisiting the purpose and mission of the organization to ensure that it will once again become a strong organization that is empowered to educate it's peer.

D. University Curriculum. Many academic classes at West Texas A&M University now address the use and abuse of alcohol and other drugs. The issues of drug and alcohol use and abuse have been expanded into these courses now offered in several different programs of study.

ATTR 4412 Advanced Athletic Training; BIOL 1406 Basic & Contemporary Biology I; BIOL 1408 Biology I for Non-majors; BIOL 1411 Botany; BIOL 2402 Anatomy & Physiology II (Rex Lee); BIOL 3402 Cell Biology; BIOL 3303 Human Genetics; BIOL 3340 Reproductive Physiology; BIOL 3440 Anatomy & Physiology of Humans; BIOL 3451 Histology; BIOL 3452 Embryology; BIOL 4099 Internship in Healthcare; BIOL 4355/5355 Human Pharmacology; BIOL 4377 Toxicology; BIOL 4402 Cytotechnology; BIOL 7370 Endocrinology; BIOL 4402 Cytotechnology; COUN 6371 Psychopharmacology and Substance Abuse Treatment; CRIJ 1301 Introduction to Criminal Justice; CRIJ 1307 Crime in America; CRIJ/SOCI 3374 Victimology; CRIJ/SOCI 3384 Drug Abuse, Crime and Society; CRIJ 4334 Criminal Law; CRIJ/POSC 6340 The Criminal Justice System – An Overview; CRIJ 6374 Seminar in Rehabilitation and Reintegration; EDLD 6330 Special Populations; EDPD 3340 Educational Foundations; EDRD 0002 Developmental Reading; ENVR 4306 Hazardous Waste Site Assessment; ENVR 4377 Toxicology; ENVR 4404 Environmental Sampling & Interpretation; EPSY 3341 Educational Psychology; GEOG/GESC 3308 Environment and Man; IDS 1071 Elementary Group Dynamics; MUSI 2274 Music Therapy Practicum; MUSI 3279 Music Therapy; NSCI 2372 Integrated Science: Biology; NURS 3340 Nursing Pharmacology; NURS 3345 Pharmacotherapeutics Applied to Pathophysiology; NURS 3355 Cultural Competence for Health Promotion/Illness Prevention; NURS 4365 Population Focused Nursing Practice; PSYC 3320 Biological Psychology; PSYC 3322 Health Psychology; PSYC 4360 Abnormal Psychology; PSYC 4375 Theories of Counseling; PSYC 4324/5324 Psychopharmacology; PSYC 6312 Seminar in Biological Psychology; PSYC 6373 Psychological Interventions; PSYC 6099 Practicum in Psychology and Counseling; SES 2342 Personal Fitness Concepts; SES 3316 Drugs, Alcohol & Tobacco; SES 3325 Health and Wellness for Children; SES 3341 Physiology of Exercise; SES 4340 Sport & Exercise Testing; SOCI 1301 Intro to Sociology; SOCI 4302 Criminology; SOCW 2361 Intro to Social Work; SOCW 4380 Human Behavior in the Social Environment; SOCW 4383 Social Work Methods; SOCW 4303 Social Services to Children & Families; SOCW 4305 Social Services to the Aging

E. Student Counseling Services. The office of Student Counseling Services is available to assist students who are dealing with alcohol/drug issues. Students have 10 free sessions that can be used for personal counseling. Professional counselors are available to assist students with the issues that underlie addiction/abuse. A Substance Abuse Subtle Screening Inventory (SASSI) assessment tool is used to gain a more accurate view of the abuse/addiction. The counselors may also offer community referral resources for inpatient or outpatient care, if necessary.

F. Medical Services. Student Medical Services often screen patients for alcohol use and abuse. This is conducted through a history form and through the process of doctor-patient interaction. If a problem is revealed, the patient is referred to Student Counseling Services, 12-Step recovery groups and, if necessary, inpatient treatment. The University physician frequently lectures to classes and groups on alcohol and drug abuse and their effects on students. Student Medical Services provides a subscription to an online magazine "Student Health 101" that uses LiveMagazine technology to deliver health and wellness information in an interactive format that engages students. The subscription is available September – June each academic year. The topics are varying and the content is written for students and in many cases by student writers. Alcohol and other drugs is a topic frequented in the resource.

G. Athletics. The Department of Intercollegiate Athletics takes an active role in education regarding the prevention of drug and/or alcohol use and/or abuse by its student athletes. Initially, all recruits who take official visits are provided with a list of NCAA Banned Drug Classes including stimulants, anabolic agents, diuretics, street drugs and peptide hormones and analogues. Additionally, all student-athletes are provided with this list when they sign the NCAA Drug Testing Consent Form, which is required to practice and/or participate in intercollegiate athletics. The form provides each student athlete with NCAA rules and regulations regarding drug testing and sanctions imposed for positive drug tests. Each student athlete is provided with a Student-Athlete Handbook at the first of the academic year, and the handbook is also posted online at www.GoBuffsGo.com. The handbook addresses NCAA, University and Departmental policies regarding drugs, alcohol and tobacco. The NCAA and the athletics department conduct mandatory year-round drug testing of its student-athletes. This testing is done through the athletic training program. The NCAA tests for performance-enhancing drugs. The athletics department tests for both performance-enhancing and street/recreational drugs. The tests are conducted as a random sampling of all student athletes whose names appear on the official Institutional Squad List. The athletic department has a Safe Harbor instructional drug-testing program. The Safe Harbor program is in place to help student-athletes who have self-identified possible addiction to seek assistance in private. The NCAA offers a CHOICES Grant, for which member institutions may apply, and which provides funding for the development, implementation and evaluation of effective alcohol-education and prevention programs on college campuses. Additionally, all student-athletes will be required to complete the "myPlaybook" drug, alcohol and substance abuse education program, which consists of six online tutorial sessions administered by Drug Free Sport (*added January 1, 2012*). The lessons include: NCAA Banned Substances & Drug Testing, Alcohol, Marijuana, Performance Enhancing Drugs/Dietary Supplements, Tobacco, and Prescription/Over-the-Counter Drugs.

Specific program content: Effects of various substances on athletic performance, training, and recovery from injury, Strategies designed to increase drug-related knowledge and protective behavioral intentions, Strategies to correct perceptions that "everybody is doing it" regarding the prevalence and acceptability of alcohol and other drug use among student-athletes, standardized education on the NCAA banned substances, and a required NCAA drug education and testing video.

H. University Police Department. University Police Detectives, Corporals and staff provide approximately 20 programs per semester upon request for specific instructional classes, student organizations and to residential hall residents. The crime prevention programs include date rape drug prevention and alcohol awareness.

IV. Program Review. The President of West Texas A&M University formed a standing University Committee to review the effectiveness of division AOD programs, coordinate promotional efforts, and encourage collaboration among departments and organizations. It is the charge of the AOD Committee to look at the broader picture of AOD issues (See Membership, Section VII).

In programs dealing with our students, coordinators have used internal and external research and studies for information on trends and issues relating to alcohol and other drug usage among youth. External studies indicate a significant level of alcohol consumption and drug use and dangerous drinking and driving behaviors among college students, as well as high school students. Students are coming to the college campus with established patterns of alcohol and other drug use and abuse. To supplement this national information, the Core Alcohol and Drug Survey Long Form was administered on campus during the fall 2012 semester. Results from the survey indicated that eighty-four percent (84%) of West Texas A&M University students are aware of the campus rules and regulations regarding alcohol and other drugs; and eighty-three percent (83%) of our students said the campus is concerned about the prevention of drug and alcohol use.

West Texas A&M University currently uses, and is in the process of assessing 3rd Millennium Classroom's alcohol and marijuana classes for our first offenders. The programs, AlcoholEDU and Marijuana 101, are personalized, evidence-based online prevention interventions for Alcohol and Marijuana.

During the review process it was realized that the West Texas A&M University could be doing more to help raise awareness of the dangers of alcohol with our student body. As a result, Counseling Services will implement an online alcohol screening assessment through mentalhealthscreenin.org. The Psychology Club will help in distributing information and getting students to take the screening.

All regulations (policies) are evaluated on an annual basis, while most programs are evaluated continually. Changes are made as required.

V. Enforcement of Disciplinary Sanctions. To ensure consistent enforcement of disciplinary sanctions, the University Conduct Officer trains conduct hearing officers, and the residence hall staff is trained by the Associate Director of Residential Living in the appropriate process and measures to take when dealing with AOD violations. This training takes place at the beginning of each fall semester.

A. Sanctions are outlined in the Code of Student Life. The Code of Student Life requires students with a first offense for alcohol on campus to successfully complete a University-designated online alcohol awareness program, pay a \$50 registration fee and complete five community service hours. Students with a second offense (within any 12-month period) must pay a \$50 assessment administration fee, attend at least one assessment interview with a counselor from Student Counseling Services that might require testing to determine substance abuse/potential addiction and perform 15 community service hours as directed by the University conduct officer. A student with a third offense (within any 12-month period), within the discretion of the University conduct officer, may be suspended from the University for a minimum of one semester or may pursue enrollment in and successful completion of an alcohol rehabilitation program approved by the University conduct officer.

B. Online Alcohol/Marijuana Awareness/Abuse Class. The Office of the Vice President for Student Enrollment, Engagement, and Success will assess a penalty to take an online Alcohol/Marijuana Awareness/Abuse Class to any student receiving a first-time offense of an alcohol or marijuana violation on campus. This class is offered through 3rd Millennium Classrooms and deals with the issues related to alcohol and drug abuse, as well as providing education to the student about responsible drinking and the potential dangers involved in alcohol and drug use. Any student receiving this penalty will contact the Office of Student Enrollment, Engagement, and Success to obtain the procedure for taking the class.

VI. Reporting. The University Police Department reports AOD incidents according to the Uniform Crime Reporting standards. Their records are reconciled with those maintained by the Office of the Vice President for Student Enrollment, Engagement, and Success. The data is prepared in calendar years, not academic years. The data that follows shows arrests and referrals and are broken down by "On-Campus" (including "Residence Halls Only" in parentheses), by "Non-Campus WTAMU Buildings/Property" and by "Contiguous Public Property."

OFFENSE	Year	On Campus	Non-Campus	Public Property	Total	Residential Facilities*
Liquor Law Arrests	2014	51	6	31	88	35
	2015	65	3	3	71	62
	2016	40	6	1	47	34
Drug Law Arrests	2014	24	0	55	79	20
	2015	21	2	49	72	12
	2016	24	3	22	49	19
Weapons Law Arrests	2014	0	0	3	3	0
	2015	0	0	0	0	0
	2016	1	0	0	1	1
Liquor Law Violations Referred for Disciplinary Action	2014	39	1	0	40	38
	2015	21	1	4	26	18
	2016	56	2	0	58	51
Drug Law Violations Referred for Disciplinary Action	2014	15	0	0	15	15
	2015	17	0	0	17	11
	2016	23	0	0	23	22
Weapons Law Violations Referred for Disciplinary Action	2014	1	0	0	1	1
	2015	0	0	0	0	0
	2016	2	0	0	2	1

VII. Mission and Membership of Alcohol and Other Drugs Committee.

Mission: The Alcohol and Other Drugs Committee reviews the effectiveness and implementation of needed changes to the alcohol and other drugs program and ensures that the disciplinary sanctions for violating standards of conduct are enforced consistently.

Membership: The standing University Alcohol and Other Drug (AOD) Committee has representation from faculty, staff and students as follows:

- 2 Co-Chairs (appointed by the Vice President for Student Enrollment, Engagement, and Success)
- 4 Faculty with staggered terms (appointed by Faculty Senate)
- 4 Students appointed by Student Government
 - PULSE Member
 - Interfraternity Council Member
 - Panhellenic Council Member
 - Residence Hall Association Member
- Clery Coordinator
- Director of Athletics

Student Counseling Services Staff
Director of Student Medical Services
Assistant to Vice President for Student Enrollment, Engagement, and
Success
Assistant Vice President for Student Enrollment, Engagement, and
Success/University Conduct Officer

Assistant Director of Rec Sports
Residential Living Staff
Director of Personnel Services
Ex-officio Member

For more information on the biennial review and any of its accompanying
documentation, please contact:

The Office of the Vice President for Student Enrollment, Engagement, and
Success
West Texas A&M University
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Canyon, TX 79016-0001
(806) 651-2050

List of Attachments to Original File

2016 Campus Security and Fire Safety Report
2017 Campus Security and Fire Safety Report
2017-2018 Code of Student Life
2016-2017 Residence Hall Handbook
http://gobuffsgo.com/documents/2015/9/10/S_A_Handbook_201527.pdf
Athletic Department Substance Abuse and Education Program (located within
Student-Athlete Handbook)
List of Local Centers for Alcohol and/or Other Drug Addictions
TAMU System Policy 34.02.01 Drug and Alcohol Abuse and Rehabilitation
Programs: <http://policies.tamus.edu/34-02-01.pdf>
WTAMU Policy for Alcohol and Drug-Free Workplace Rule
WTAMU Alcohol and Drug-Free Workplace Employer Responsibilities
WTAMU Alcohol and Drug-Free Workplace Penalty for Non-Compliance
List of Alcohol and Other Drugs (AOD) Committee Members

